**Planned CPD Outcome - Reflection document**

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| Name: |  | Membership number: |  |

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| **Reflection**  Highlight an area you wish to develop in:  Learning outcome - What do I want to achieve? |
| **Plan**  What activity will you undertake to meet your learning outcome?  What is the date that you planned your activity on? |
| **Act**  Date activity was completed: |
| **Evaluate**   1. How was the CPD activity relevant to your work? 2. Did you achieve your learning outcome? 3. How has the training you have undertaken supported your role? 4. If the activity did not meet your identified learning outcome, can you plan further CPD to meet this need? If yes, you can add this to your CPD plan. |